



# WHEN CAN AN ILL WORKER RETURN TO WORK?

An ill worker without a COVID-19 diagnosis may consider returning to work after:

- Three fever-free days without the use of fever-reducing medications such as Tylenol **AND**
- An improvement in respiratory symptoms (like cough and shortness of breath) **AND**
- At least 10 days have passed since symptoms first appeared **AND**
- Symptoms have not worsened

**Workers exposed to others with COVID-19 need to self-quarantine for 14 days.**

